

July 8th, 2010

Week 1

Potatoes

Lettuce

Zuchinni or summer squash

Dill

Radishes

Cucumbers

Bunching Onions

Beets

Cilantro

It has begun! Welcome to the first week of Threshing Table Farm's 2010 Season!!

We've had a busy week around here. We enjoyed a fun and busy weekend. Mike had a little extra time off of work (his "day" job) due to the 4th of July. We did some projects around the farm including cutting down a dead tree, replacing siding, cleaning out the old barn and setting up the wash station. The garage/packing shed got a thorough cleaning and is set up for produce packing. It wasn't all work though. We had a nice time visiting with friends and family and watching the grand show of fireworks compliments of cities, towns and residents in the area. We have a great view from our driveway! We also ate more S'mores than is advisable. Did you know you can make them with peanut butter cups?

As our first week of produce harvesting comes to an end, we are excited to see what is ready and what is coming. The potatoes are beautiful! The summer squash, zucchini and cucumbers are just getting started. Mike noticed that there were more baby fruits per plant than ever before. We are pretty sure that this is because we've put two bee hives on the farm this year. Yeah Bees!

Beets are delicious hot or cold, and there are many ways to prepare them. Just as wonderful as the beets, are the beet leaves. Use them as you would any green. I eat them on sandwiches or in salads. You can also sauté them as you would spinach or a similar green.

Lettuce likes cool temperatures. The warmer it is, the stronger the flavor of the lettuce. I enjoy the lettuce on sandwiches and wraps or mixed in amongst other greens. We will plant more lettuce for sweet, crisp, fall lettuce.

If you have any questions or concerns about your pickup site/procedure, please don't hesitate to call or E-Mail. If you are picking up in Burnsville, your pick up time is between 1 and 4:30 pm on Thursdays.

Please check out the recipes for great ways to use your produce! If you have a favorite recipe, please send it my way and I'll share it through the web site.

Have a great week!